

Perth Guide for Food & Wellness Products Empowering you to create health

South of the River

Supplier	Products / Produce
Manna Wholefoods 274 South Terrace South Fremantle	 Fresh produce Cleaning products Ready made organic meals Natural skin care and cosmetics
Peaches Food market 195 Hampton Rd South Fremantle	 Fresh produce Cleaning products Ready made organic meals Natural skin care and cosmetics
The Storehouse 22/219 Hampton Rd South Fremantle	 Self serve bulk dry foods Cleaning products Natural skin care & cosmetics
Kakula's Sisters 29/31 Market St Fremantle	 Self serve Bulk dry foods Health foods
Zero Store (inside Mother) 181A High St Fremantle	 Zero waste plastic free store Natural skin care & cosmetics Bulk dry foods
Northern Star 69 George St East Fremantle	• Fresh high quality seafood and fish
Fresh Provisions 258 Canning Hwy Bicton	 Fresh produce Health foods Cleaning products
Precious Organics 92 Bawdan St Willagee	 Health foods Cleaning products Natural skin care & cosmetics
The Source Bulkfoods The Park Center, 789 Albany Hwy, East Victoria Park	 Self serve bulk foods Cleaning products
Loose Produce 171 Albany Hwy Victoria Park	 Bulk dry foods Health foods Fresh Produce
Gilberts Fresh Market 308 South St Hilton	 Fresh produce Meat & seafood Health foods

Written by our in house nutritionist - Tessa Taylor. For more information or to book an appointment with one our practitioners please head to our website at natmed.com.au



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The Source Bulkfoods Floreat Forum Shopping Center Howtree Place, Floreat	 Self serve bulk foods Cleaning products
Dunn & Walton 8/257 Scarborough Beach Road Doubleview	 Self serve bulk foods Health foods Fresh produce. Online ordering also available.
Organic on Charles 299 Charles Street North Perth	 Fresh produce Health foods
Stirling Farmers Markets Cedric Street Stirling	 Fresh produce Health foods
Subiaco Farmers Markets Saturday morning Subiaco primary school	Fresh produce
Mt Claremont Farmers Markets Saturday morning 7-11am Mt Claremont Primary school Alfred Rd	Fresh produce
The Angry Almond 71a Princess Rd Nedlands	 Health foods Bulk self serve dry foods
The Clean food store 214A Nicholson Rd Subiaco	 Health foods Bulk self serve dry foods Cleaning products
Heartwood 35A Napoleon St Cottesloe	Natural skin care & cosmetics
Boatshed Market 40 Jarrad St Cottesloe	 Fresh produce Health foods Meat & fresh seafood

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Online Products & Delivery



DINNER TWIST

Wholesome and plant based boxes



THE ORGANIC COLLECTIVE

Certified organic, seasonal fruit and veg boxes delivered to your doostep



WHOLESOME HUB

Online platform to shop for organic, ethical and sustainable products



HONEST TO GOODNESS

Sydney-based online retailer, wholesaler and distributor of certified organic food & natural food products.



DANDARAGAN ORGANIC BEEF

Western Australia's leading producer of certified organic beef that is top quality, grass fed and grass finished beef without the use of hormones, antibiotics and chemicals.



THE NAKED BUTCHER

Perth Butcher selling meat free from antibiotics, pesticides, hormones and other nasties

