

CIRS AND BIOTOXINS

QUESTIONNAIRE

Section 1: Symptoms

Each Symptom scores one point. Each symptom cluster (denoted by shading), where every symptom within that cluster is positive, scores 1 point. If all symptoms in the second cluster, beginning with weakness, are positive, this cluster scores 1.

Symptoms	Symptom Score	Symptom Cluster Score
Fatigue		
Weakness		1
Decreased assimilation of new Ideas		
Aches		
Headaches		
Light sensitivity		
Memory Impairment		
Decreased word finding		
Difficulty concentrating		
Joint pain		1
Stiffness in the morning		
Cramps		
Tingling		1
Tremors		
Unusual pain		
Unusual skin sensations		
Shortness of breath		1
Sinus congestion		
Cough		1
Excessive thirst		
Confusion		
Apetite Swings		1
Difficulty regulating body temperature		
Increased urinary frequency		
Red eyes		1
Blurred vision		
Night sweats		
Mood swings		
Ice-pick pains		1
Abdominal pain		
Diarrhoea		
Numbness		1
Tearing of eyes		
Disorientation		
Metallic taste		
Static shocks		1
Vertigo		
Total	/ 37	/ 13

Call 9339 1999 to book a free 15 minute phone consultation to voice your health goals and concerns, and to discuss the results of your questionnaire.

For Practitioner use only.

This is a screening tool designed to help your Practitioner identify traditional symptom patterns associated with CIRS and Biotoxins.