



NatMed

# Perth Guide for Food & Wellness Products

## *Empowering you to create health*

### South of the River

Supplier	Products / Produce
<b>Manna Wholefoods</b> 274 South Terrace South Fremantle	<ul style="list-style-type: none"><li>• Fresh produce</li><li>• Cleaning products</li><li>• Ready made organic meals</li><li>• Natural skin care and cosmetics</li></ul> 
<b>Peaches</b> 195 Hampton Rd South Fremantle	<ul style="list-style-type: none"><li>• Fresh produce incl organic</li><li>• Cleaning products</li><li>• Ready made organic meals</li><li>• Natural skin care and cosmetics</li></ul> 
<b>The Storehouse</b> 22/219 Hampton Rd South Fremantle	<ul style="list-style-type: none"><li>• Self serve bulk dry foods</li><li>• Cleaning products</li><li>• Natural skin care &amp; cosmetics</li></ul> 
<b>Organic Free Range Meats</b> GG Meats <a href="https://www.ggmeats.co/">https://www.ggmeats.co/</a>	<p>These guys sell at a lot of farmers markets around time. You can order on line. Their sausages and meat are great</p> 
<b>Organic Meat</b> Franks Butcher Wray Ave Freo	<ul style="list-style-type: none"><li>• Zero waste plastic free store</li><li>• Natural skin care &amp; cosmetics</li><li>• Bulk dry foods</li></ul> 
<b>Northern Star Pthalate free fish</b> 69 George St East Fremantle	<ul style="list-style-type: none"><li>• Line caught white fish off our NW coast. Snap frozen on the boat in seawater.</li></ul> 
<b>Freo Farmers Market</b> Organic veggies Sunday Morning @ Fremantle High School	<ul style="list-style-type: none"><li>• Fresh produce</li><li>• Health foods</li><li>• Cleaning products</li></ul> 
<b>Manna Wholefoods</b> 1-3/195 Hampton Road South Fremantle WA 6162	<ul style="list-style-type: none"><li>• Organic veggies</li><li>• Cleaning products</li><li>• Natural skin care &amp; cosmetics</li></ul> 
<b>The Source Bulkfoods</b> The Park Center, 789 Albany Hwy, East Victoria Park	<ul style="list-style-type: none"><li>• Self serve bulk foods</li><li>• Cleaning products</li></ul> 
<b>Peaches</b> Hampden Road South Fremantle	<ul style="list-style-type: none"><li>• Bulk dry foods</li><li>• Health foods</li><li>• Fresh Produce / Organics</li><li>• Lots of Gfree options like granola etc</li></ul> 
<b>Gilberts Fresh Market</b> 308 South St Hilton	<ul style="list-style-type: none"><li>• Fresh produce</li><li>• Meat &amp; seafood</li><li>• Health foods</li></ul> 













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## North of the River

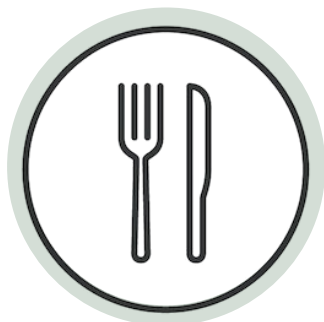
Supplier	Products / Produce
<b>The Source Bulkfoods</b> Floreat Forum Shopping Center Howtree Place, Floreat	<ul style="list-style-type: none"><li>• Self serve bulk foods</li><li>• Cleaning products</li></ul> 
<b>Dunn &amp; Walton</b> 8/257 Scarborough Beach Road Doubleview	<ul style="list-style-type: none"><li>• Self serve bulk foods</li><li>• Health foods</li><li>• Fresh produce.</li><li>• Online ordering also available.</li></ul> 
<b>Organic on Charles</b> 299 Charles Street North Perth	<ul style="list-style-type: none"><li>• Fresh produce</li><li>• Health foods</li></ul> 
<b>Stirling Farmers Markets</b> Cedric Street Stirling	<ul style="list-style-type: none"><li>• Fresh produce</li><li>• Health foods</li></ul> 
<b>Subiaco Farmers Markets</b> Saturday morning Subiaco primary school	<ul style="list-style-type: none"><li>• Fresh produce</li></ul> 
<b>Mt Claremont Farmers Markets</b> Saturday morning 7-11am Mt Claremont Primary school Alfred Rd	<ul style="list-style-type: none"><li>• Fresh produce</li></ul> 
<b>The Angry Almond</b> 71a Princess Rd Nedlands	<ul style="list-style-type: none"><li>• Health foods</li><li>• Bulk self serve dry foods</li></ul> 
<b>The Clean food store</b> 214A Nicholson Rd Subiaco	<ul style="list-style-type: none"><li>• Health foods</li><li>• Bulk self serve dry foods</li><li>• Cleaning products</li></ul> 
<b>Heartwood</b> 35A Napoleon St Cottesloe	<ul style="list-style-type: none"><li>• Natural skin care &amp; cosmetics</li></ul> 
<b>Boatshed Market</b> 40 Jarrad St Cottesloe	<ul style="list-style-type: none"><li>• Fresh produce</li><li>• Health foods</li><li>• Meat &amp; fresh seafood</li></ul> 



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**Online Products & Delivery**



## DINNER TWIST

Wholesome and  
plant based boxes



## THE ORGANIC COLLECTIVE

Certified organic, seasonal fruit  
and veg boxes delivered to your  
doostep



## WHOLESOME HUB

Online platform to shop for  
organic, ethical and  
sustainable products



## HONEST TO GOODNESS

Sydney-based online retailer,  
wholesaler and distributor of  
certified organic food &  
natural food products.



## DANDARAGAN ORGANIC BEEF

Western Australia's leading  
producer of certified organic  
beef that is top quality, grass  
fed and grass finished beef  
without the use of hormones,  
antibiotics and chemicals.



## THE NAKED BUTCHER

Perth Butcher selling meat  
free from antibiotics,  
pesticides, hormones and  
other nasties